

Astra Tech Implant System®

### Sustainability and reliability

Continuing to challenge with sound science





## Why search further?

#### For you and your patients

Achieving beautiful, natural-looking esthetics for your implant patients requires biological sustainability—the harmony of marginal bone and surrounding soft tissue over time.

This harmony exists when all the elements of an implant system—implant design, surface treatment, abutment connection—work in unison with biology.

But biological sustainability is a journey, not only a destination.

By searching further and continuing to challenge with sound science, we can provide evidence demonstrating biological sustainability, leading to optimal dental implant treatment outcomes.

Summaries of prospective studies with 5-year data on OsseoSpeed implants with maintained bone levels from implant placement and implant loading confirm stable soft tissue and an average bone reduction of only 0.3 mm.

We search further because we are committed to sound science, providing biological sustainability for a world where everyone can eat, speak and smile with confidence.

Let's take a closer look...

# Results that give you peace of mind

#### Patient esthetics and satisfaction

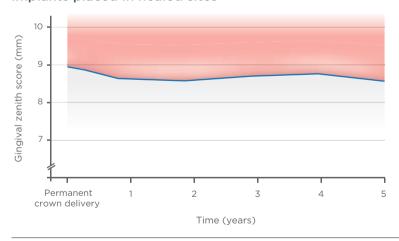
Providing your patients with optimal esthetics is a critical factor of successful dental implant therapy and key to their satisfaction and improved quality of life. Studies measuring esthetics and satisfaction metrics demonstrate improved results with OsseoSpeed implants.

- Stable periimplant soft tissue up to 5 years after implant placement: stable mean gingival zenith scores <sup>1-4</sup> and increased papilla height the first year from crown placement followed by tissue stabilization. <sup>1,2,5,10</sup>
- Minimal gingival recession in challenging situations at 3-year follow-up: stable soft tissue levels in situations with limited bucco-lingual or mesodistal space with unchanged mean gingival zenith score. 3,4
- Patients treated with OsseoSpeed implants have reported improvements in overall treatment satisfaction. 6-9

"In this and other studies, we observe tissue stability from the time of crown placement. Together with good planning and execution, documented tissue stability provides clinical confidence for the clinician when offering esthetic implant solutions to patients."

Dr. Lyndon Cooper

### Gingival zenith score (mm) over time for implants placed in healed sites<sup>1</sup>



Gingival zenith score is defined as the linear distance from the zenith of the buccal gingival margin to the incisal edge of the crown. A decreased gingival zenith score over time means a gain in gingival tissue.

- Cooper LF, Reside GJ, Raes F, et al. Immediate provisionalization of dental implants placed in healed alveolar ridges and extraction sockets: a 5-year prospective evaluation. Int J Oral Maxillofac Implants 2014:29(3):709-17.
- De Bruyn H, Raes F, Cooper LF, et al. Three-years clinical outcome of immediate provisionalization of single OsseoSpeed implants in extraction sockets and healed ridges. Clin Orral Implants Res 2013;24(2):217-23.
- Maiorana C, King P, Quaas S, et al. Clinical and radiographic evaluation of early loaded narrow-diameter implants: 3 years follow-up. Clin Oral Implants Res 2015;26(1):77-82.
- Galindo-Moreno P, Nilsson P, King P, et al. Clinical and radiographic evaluation of early loaded narrow diameter implants: 1-year follow-up. Clin Oral Implants Res 2012;2(5):609-16
- Donati M, La Scala V, Di Raimondo R, et al. Marginal bone preservation in singletooth replacement: a 5-year prospective clinical multicenter study. Clin Implant Dent Relat Res 2015;17(3):425-34.
- Raes F, Cosyn J, De Bruyn H. Clinical, aesthetic and patient-related outcome of immediately loaded single implants in the anterior maxilla: a prospective study in extraction sockets, healed ridges, and grafted sites. Clin Implant Dent Relat Res 2013;15(6):819-35.
- Erkapers M, Ekstrand K, Baer RA, et al. Patient satisfaction following dental implant treatment with immediate loading in the edentulous atrophic maxilla. Int J Oral Maxillofac Implants 2011;26(2):356-64.
- Vercruyssen M, van de Wiele G, Teughels W, et al. Implant and patient-centered outcome of guided surgery: a 1-year follow-up. an RCT comparing guided surgery with conventional implant placement. J Clin Periodontol 2015;4(1(2):1154-60.
- Slot W, Raghoebar GM, Vissink A, et al. Maxillary overdentures supported by four or six implants in the anterior region: 1-year results from a randomized controlled trial. J Clin Periodontol 2013;40(3):303-10.
- Cooper LF, Reside G, Stanford C, Barwacz C, Feine J, Nader SA, Scheyer T, McGuire M. Three-year prospective randomized comparative assessment of anterior maxillary single implants with different abutment interfaces. Int J Oral Maxillofac Implants 2019;34(1):150-58.

## Outperforming with sound science

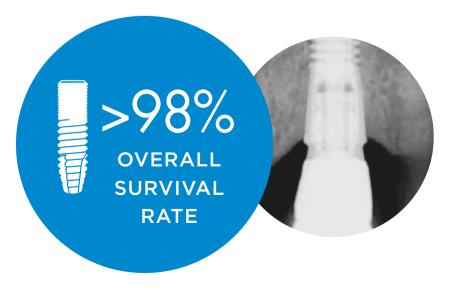
#### Evidence confirms biological sustainability

In 1986, a review article was published describing the marginal bone remodeling pattern in dental implant treatment. Data demonstrated that the greatest reduction in marginal bone occurs during the early healing phase and up to the first year in function. Thereafter, marginal bone remodeling stabilizes at approximately -1.5 mm after 5 years—the results became the accepted standard norm for evaluating marginal bone remodeling.\*\*

To improve our understanding, we have vigilantly performed systematic literature searches and reviews, following the performance of the Astra Tech Implant System with regard to bone maintenance and remodeling.

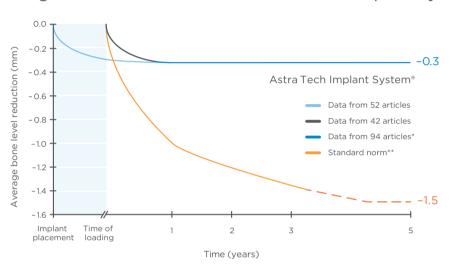
"From its earliest days, the implant system has been founded on two fundamental principles—understanding the influence of biomechanics in the dissipation of functional loads and respecting the physiology of bone. Early work on the role of surfaces led to the very first microtextured technology and MicroThread, introduced in 1991. Since that time the Astra Tech Implant System has been well documented and has delivered superlative marginal bone maintenance for my patients. There is no better implant system for respecting crestal bone."

Dr. Michael Norton



Numerous studies demonstrate that marginal bone around OsseoSpeed implants is maintained well above the standard norm—even after 5 years in function.\*

#### Marginal bone maintenance with Astra Tech Implant System





#### Search criteria

- Prospective studies, published in peer-reviewed journals
- Full cohort studies (minimum of 10 patients, followed for a minimum of 1 year after loading)
- Standard protocol (no bone augmentation, no immediate placement in extraction socket)
- Marginal bone maintenance evaluated from time of implant placement and/or loading

#### Important findings

- Data from 52 articles showed an average bone level reduction from implant placement to 5 years of 0.3 mm
- Data from 94 articles showed an average bone level reduction of 0.3 mm, 1 year after implant loading, remaining stable for 5 years
- Overall implant survival rate was >98%

Studies were conducted in both educational institutions and private practices, including specialists and general practitioners.



For a complete publication list, visit https://www.dentsplysirona.com/en/eplore/implantology/science/scientific-documentation.html

<sup>\*</sup> Astra Tech Implant System level based on data from 94 articles (published in English, peer-reviewed journals) presenting radiological data on study cohorts of no less than 10 patients receiving standard surgical procedures and followed for minimum 1 year after loading. Literature search January 2019.

<sup>\*\*</sup> Standard norm (less than 1 mm bone loss during the first year of loading and less than 0.2 mm annually thereafter, to level out at approximately -1.5 mm after 5 years of loading) according to: Albrektsson T. et al., Int J Oral Maxillofac Implants 1986;(1):11-25, Albrektsson T. and Zarb GA., Int J Prosthodont 1993;6(2):95-105, Roos J. et al., Int J Oral Maxillofac Implants 1997;12(4):504-514.

## **MAINTAINED ESTHETICS EVEN AT** 5 years

## The harmony behind biological sustainability

#### The foundation for dental implant success

Properly maintained marginal bone is critical for supporting adjacent soft tissue. Abundant, healthy bone and soft tissue ensures your ability to provide your patients with ideal esthetics.

Clinical and radiographic evaluation of early loaded narrowdiameter implants









Courtesy of Dr. N. Worsaae 5 years

Courtesy of Dr. L. Cooper

Marginal bone

in single-tooth

replacement: a

study

preservation

5 years

Clinical and radiographic evaluation of early loaded narrowdiameter implants





5 years



Courtesy of Dr. M. Donati

5-year prospective clinical multicenter





Implant-supported single-tooth restorations: a 5-year prospective study





5 years



The influence of insertion torque on implant survival in immediately placed and restored singletooth implants

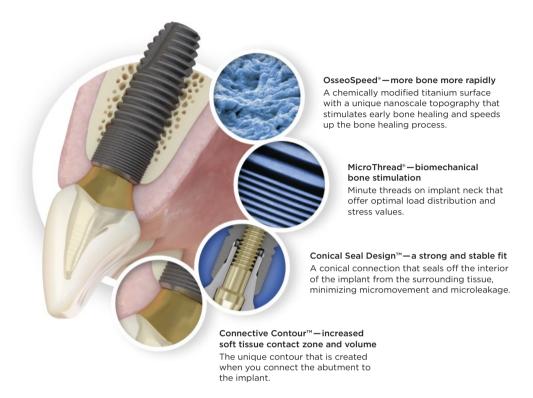
Courtesy of Dr. M. Norton



7 years



A key factor in delivering biological sustainability is the **Astra Tech Implant System BioManagement Complex®**. This unique combination of interdependent features ensures reliable, predictable and esthetic results both in the short and long term.



# Time to upgrade?

Considering how important marginal bone is for optimal rehabilitation, we invite you to take a closer look at your current implant system and compare with the marginal bone maintenance achievable with the Astra Tech Implant System.

If sound science and extensive research is important to you, take a closer look at Dentsply Sirona Implants.



